

# Alcohol Services in Hampshire (adults)

June 2008

## Tiers of alcohol services

1. Information and advice, screening, simple brief interventions and referral
2. Open access, non-care planned, alcohol-specific interventions
3. Structured community-based, care-planned alcohol treatment
4. Specialist inpatient treatment and residential rehabilitation

## DAAT/PCT commissioned services

### Tier 2

Provider	Service	Commissioner	Focus	Area
Society of St James	<u>The Bridge (Eastleigh &amp; New Forest) – Open Access Shop Front</u>  Triage & assessment, needle exchange (limited), drop-in, brief psycho-social interventions and semi-structured therapeutic and educational work.	DAAT PCT Adult Services	Drug & Alcohol	New Forest & Eastleigh Test Valley South-area  (New Forest service currently operating from temporary site in Lymington)
Phoenix Futures	<u>Spotlight (Fareham &amp; Havant) – Open Access Shop Front</u>  Triage & assessment, needle exchange, BBV-testing, drop-in, brief psycho-social interventions and semi-structured therapeutic and educational work.	DAAT PCT	Drug & Alcohol	Fareham, Gosport, Hayling Island and East Hampshire (up to Petersfield)
Phoenix Futures	<u>Spotlight (Fareham &amp; Havant) – Open Access Shop Front</u>  Triage & assessment, needle exchange, drop-in, brief psycho-social interventions and semi-structured therapeutic and educational work.	DAAT PCT Adult Services	Drug & Alcohol	North & North East Hampshire (currently operating from temporary bases in Basingstoke & Aldershot)

CRi	<u>Andover Open Access Shop Front</u> Triage & assessment, needle exchange, drop-in, brief psycho-social interventions and semi-structured therapeutic and educational work.	DAAT Trust funding stream supporting alcohol work	Drug & Alcohol	Andover & surrounding area
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### **Tier 3**

Provider	Service	Commissioner	Focus	Area
Hampshire Partnership Trust	<u>Rooksdown House Community Alcohol Team</u> Specialist prescribing, care management, community detox, psycho-social interventions and structured therapeutic and educational work.	PCT Adult Services	Alcohol only	Basingstoke and North Hampshire
Hampshire Partnership Trust	<u>Spencer House Community Drug &amp; Alcohol Team</u> Specialist prescribing, care management, community detox, psycho-social interventions and structured therapeutic and educational work.	DAAT PCT Adult Services	Drug & Alcohol	Winchester, Eastleigh & Andover areas
Hampshire Partnership Trust	<u>Oaktree Community Drug &amp; Alcohol Team</u> Specialist prescribing, care management, psycho-social interventions and structured therapeutic and educational work.	DAAT PCT Adult Services	Drug & Alcohol	New Forest
Surrey & Borders Partnership Trust	<u>Acorn Community Drug &amp; Alcohol Team</u> Specialist prescribing, care management, psycho-social interventions and structured therapeutic and educational work.	DAAT PCT Adult Services	Drug & Alcohol	Aldershot, and Rushmoor & Hart areas

Portsmouth City PCT	<u>Orion &amp; Avalon Drug &amp; Alcohol Community Teams</u> Specialist prescribing, care management, psycho-social interventions and structured therapeutic and educational work, BBV testing.	DAAT PCT Adult Services	Drug & Alcohol	Fareham, Gosport, Hayling Island and East Hampshire (up to Petersfield)
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#### **Tier 4**

Provider	Service	Commissioner	Focus	Area
Portsmouth City PCT	Baytrees In-patient Detox Service	DAAT PCT	Drug & Alcohol	County-wide
Priory Marchwood	<u>In-patient Detox Service</u>	PCT	Alcohol only	County-wide

## **Other Services**

### **Hampshire Probation Service**

Hampshire Probation Service has commissioned CRI to provide assessment and treatment for offenders with alcohol problems. The service has just completed its first year in operation.

Offenders who score 6 or more on the alcohol section of the OASYS assessment tool are referred to CRI. A CRI worker then assesses the offender and makes a recommendation to the court as to whether there should be an Alcohol Treatment Requirement (ATR).

The ATR typically lasts for 6 months and is currently based on one to one interventions, although group sessions are being considered.

There are 8 full time equivalent CRI alcohol workers providing this service, based in the probation offices in Aldershot, Andover, Basingstoke, Winchester, Fareham, Portsmouth, Havant, Southampton, Newport, Lymington and Totton.

Between January and December 2007, 1385 offenders in Hampshire were referred to CRI for assessment, and of these, around 600 were recommended for ATRs (almost half of those referred).

### **Andover alcohol arrest referral project**

This intervention is aimed at individuals arrested for alcohol related offences that would not normally lead to a custodial sentence. Clients are assessed and referred by the custody staff at Andover Police Station. An appointment with the local CRI team is made for the client on release, usually to attend within a few days of release.

## Alcoholics Anonymous

On average AA helps over 1,000 people a week in Hampshire.

There are over 3,000 AA meetings in the UK every week. Alcoholics Anonymous provides a service across the whole of Hampshire with daily meetings taking place in 31 towns (with numerous additional meetings in Portsmouth and Southampton). There is no charge to attend meetings, and no-one has to speak or declare themselves alcoholic to attend. Anyone who is concerned about their drinking is welcome. AA evolved the 12-step programme that provides the framework for many recovery programmes including alcoholism.

AA has a helpline 0845 769 7555 which is permanently manned in Hampshire to provide information and a confidential sympathetic listening ear for people wishing to find out more about AA and how it may help them. AA also has local responders, contactable via the helpline, who can visit at short notice anyone who wants to find out more about AA face to face.

More information is available from the website [www.alcoholics-anonymous.org.uk](http://www.alcoholics-anonymous.org.uk) where there is also a where to find locator facility.

AA has an active public information policy enabling professional, employers and organisation who come into contact with people with alcohol problems to be more informed about how AA works. Individuals wanting more information can contact the liaison team in Hampshire by emailing [southdown.pi@aa-email.org.uk](mailto:southdown.pi@aa-email.org.uk) or alternatively the General Service Office for the UK in York on 01904 644026.

## Trinity Winchester

Provider	Service	Focus	Area
Trinity Winchester	Drop-in Centre – Direct Access  Advice & information. Food, bathing, laundry & clothing facilities. Needles Exchange. Brief Intervention. Health Care. Complementary therapies. Adult Ed: Art, Cookery, Basic Skills	Homelessness, drug & alcohol	Winchester
Trinity Winchester	Trinity Women's Centre – Direct Access  Counselling, Freedom Programme, Life Skills Courses, Addiction Therapy, Complementary Therapy, Relaxation, Parenting Course  Adult Ed: Art, IT, Cookery	Vulnerable women – domestic violence, homelessness, drug & alcohol	Winchester

Trinity Winchester	The Camrose Centre – Direct Access Drop-in  Advice & information.  Food, laundry, bathing & clothing facilities. Needle Exchange  Brief interventions  Complementary therapies	Homelessness, drug & alcohol	Basingstoke Borough
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## Options

Options provide Alcohol Counselling Services (Structured Psychosocial Interventions - short and longer term according to client need) on a fee paying (not for profit) basis for anyone concerned about their own or someone else's drinking at its sites in Basingstoke, Eastleigh and Lymington. Clients may also be seen by arrangement at venues in Aldershot, and elsewhere in the County. A range of interventions will be available including CBT. The service also provides generic counselling on a wide range of issues, which could be suitable for alcohol clients post-treatment to deal with underlying issues.

The service can be contacted on 0800 0184 309.

## Screening and Intervention Programme for Sensible Drinking (SIPS)

A research programme studying brief interventions in primary care, Accident and Emergency and Criminal Justice services. The research is being led by St Georges University, London, and the University of Newcastle. The study sites in Hampshire are Winchester A&E, Swan Surgery, Petersfield, Gudgeheath Surgery, Fareham and Basingstoke Probation.