

1 The route suggested in this leaflet avoids busy roads. However, it is on a public highway and it is therefore a requirement to abide by the Rules of the Highway Code when cycling the route. It is recommended that you:



- a Cycle to the side of the road to the left.
- b Reduce speed accordingly in areas of poor visibility and steep downhill sections to maintain control and sufficient braking distances.
- c Cycle in single file and maintain sufficient safe distance between cyclists.
- d Use lights in poor visibility or darker conditions.
If motorists have lights on, put your lights on.
- e Signal when turning.

2 This route has hills, but should be classed as moderate. Children completing the route should have parental supervision.

3 Hampshire County Council recommend that the route is unsuitable for children younger than 10 years.



Enjoy the ride and countryside
- remember the Country Code



BIKE SHOPS

Robin Cycles, Lindford (01420) 476612
Cycle Hire Forestry Adventure
Tel: 01420 520523
email enquiries@forestryadventure.com
www.forestryadventure.com

PLACES TO STAY

If you want to extend your stay in the area, there are various B&Bs in the local area. Contact the Tourist Information Centre for an up-to-date East Hampshire Accommodation Guide.
Alton TIC (01420) 88448
Petersfield TIC (01730) 591362

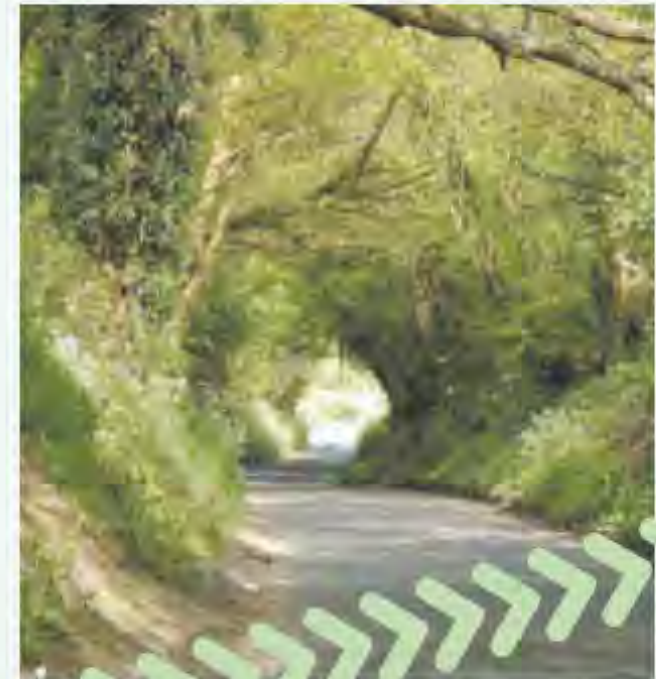
WHAT TO TAKE

To be prepared for most eventualities:

- Adjustable spanner and Allen Keys
- First aid kit
- Lights
- Lock
- Food and drink
- Money
- Spare inner tube
- Puncture repair kit and pump
- Tyre levers
- Waterproofs
- You may find it useful to have Ordnance Survey maps for the area.
- Cycle helmets and light, preferably reflective clothes.

A QUIET CYCLE ROUTE BETWEEN

LINDFORD & ALICE HOLT



Welcome to East Hampshire, at the heart of Hampshire's rural countryside, where tradition, culture and deep rooted heritage prevail throughout this ancient and intimate landscape.

Explore our picturesque countryside with steep wooded hillsides, rolling chalk downlands and internationally renowned exquisite villages.

Happen upon quiet country churches, romantic village greens, unspoilt timeworn buildings and thriving markets towns bustling with energy and colour.

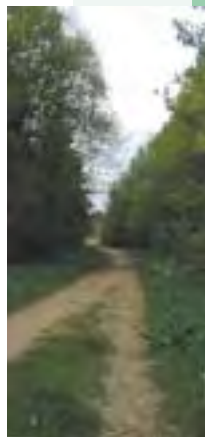
Follow our fascinating heritage trails with characterful historic homes and gardens of literary greats including Jane Austen and Gilbert White and clusters of intriguing local museums and galleries.

Relax and enjoy year round country pursuits and pleasures from walking or cycling, riding or angling, gliding or ballooning. Complimented by cozy, welcoming pubs serving traditional fare accompanied by heady local brews or charming tea parlours with 18th Century recipes and scrumptious cream teas.

Discover a great variety of visitor attractions from museums and country parks to steam railways and secret gardens.

Choose from a superb selection of accommodation in country villages and town settings: a thatched self-catering cottage, a historic English manor hotel, a converted barn Bed and Breakfast, a traditional 'four poster bed' style family guest house.

Take the time to enjoy and relax in East Hampshire...an ideal place for day out visits and a country break with tradition. Cycling is an ideal way to enjoy the quiet country lanes of East Hampshire and and places of interest.



Flora Thompson wrote of East Hampshire:

"The overhanging hedgerows are composed of gnarled old bushes - hawthorn and witch hazel, and the rarer spindle-berry. This thick greenery is a sanctuary for birds. Flitting from bush to bush today was a bevy of long-tailed tits, eight of them, quaint tiny things in rose and grey"

Both ancient and modern cultural connections are delightfully mirrored in museum collections, theatre productions and gallery exhibitions - not huge in scale but appealing small gems.

In particular, discover the fine public collection of decorative arts housed in the Allen Gallery; Bedale's gallery exhibiting innovative world art and design; the exquisite hand crafted furniture produced by craftsmen trained in the Edward Barnsley tradition; the Selborne Gallery, Britain's first gallery where 'mouth and foot painters' exhibit their art; and pottery and porcelain of world-wide fame at Grayshott Pottery.

Reminders of famous literary geniuses dominate town and village life. John Keats was inspired to write some of his finest verse in the chapel of Stansted House. W.H. Hudson's accomplished works centred on the charming village of Buriton while Flora Thompson delighted in the Weavers Down and the Holly Hills at Liphook. Selborne, home of the Reverend Gilbert White whose world famous classic "The Natural History and Antiquities of Selborne" (1789) still attracts international recognition. William Cobbett was awed by the Hangers and Hawkley and finally part of Jane Austen's prolific literary life was spent in her engaging home in Chawton.



Come rain or shine, when it comes to deciding where to go, East Hampshire has an outstanding variety of indoor and outdoor attractions:

Country Parks - Alice Holt Woodland Park (see below), Queen Elizabeth Country Park and Staunton Country Park with its ornamental farm, lake and Victorian tropical glass houses.

Museums and Galleries - The Oates Museum in Selborne commemorating Captain Lawrence Oates who died alongside Scott in his ill fated South Pole expedition. The Selborne Gallery and Selborne Pottery display unique art and pottery. The Curtis Museum chronicles the area's local history, The Allen Gallery shows a superb collection of decorative arts, The Flora Twort Gallery and Restaurant illustrating Petersfield's history. The Bedale's Gallery and 'Olivier Theatre' offer an award winning venue for all kinds of musical and theatrical events. The Bear Museum home to a unique and varied collection of teddy bears and the Petersfield Museum tells the area's rich heritage. Visitors are invited to take a tour of Grayshott Pottery and at George Gale and Co. visitors get a chance to see, smell and sample traditional brews.

Alice Holt Woodland Park

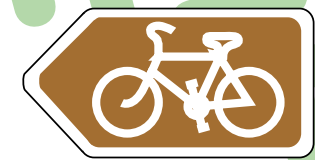
This cycle trail starts/finishes at the Alice Holt Woodlands park where there are a series of waymarked trails you can use. This ancient forest is famous for its oak trees which once supplied timber for navy ships, and, more recently for a replica of Shakespeare's Globe Theatre in London. It is home to a wide variety of birdlife and other wild creatures. Picnic tables are available and the Centre has a small shop selling drinks and ice creams. **For additional information about this area please contact our TICs on 01730 268829 or 01420 88448**





Cycling Safety
The route on public roads is not recommended for children younger than 10 years. Always wear a cycle helmet and light coloured, preferably fluorescent clothing. In poor light, make sure cycles have lights and that you wear something reflective. Always exercise caution when cycling in and to the forest. Slow down for corners and when riding down slopes. Supervise children at all times.

WHAT TO LOOK FOR!



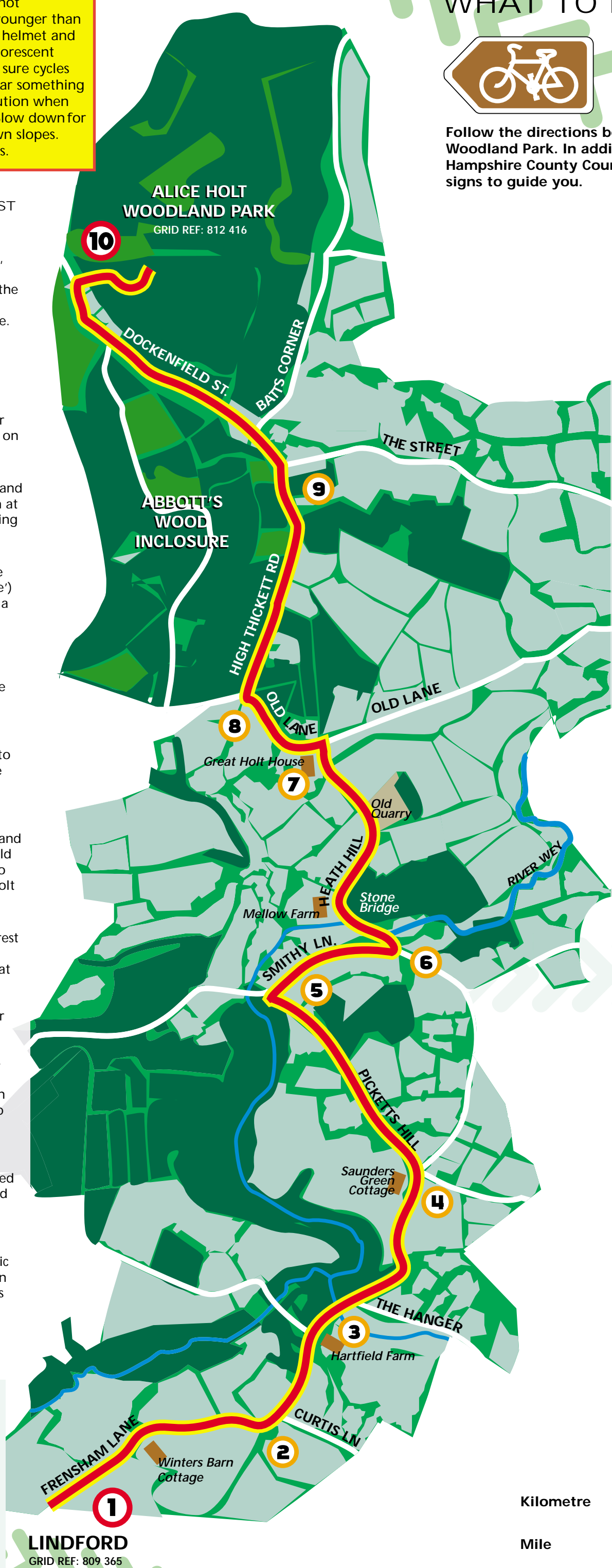
Follow the directions below to and from Alice Holt Woodland Park. In addition, during summer 2001, Hampshire County Council will add some brown cycle signs to guide you.

LINDFORD TO ALICE HOLT FOREST Distance: 6½ miles/10 kilometres

- 1** Start from the centre of Lindford, close to 'Robin Cycles' at the junction of the B3004 and B3002. Pass the 'Royal Exchange' public house to your right and turn right into Frensham Lane.
- 2** Move out of the village, passing 'Winters Barn' cottage then cycle uphill (check visibility). Move downhill through a sharp left hand bend and continue straight on following signs for Churt and Frensham (avoid Curtis Lane on the right).
- 3** Move uphill pass 'Hartfield Farm' and the Arford Headley/Grayshot sign at the Hanger. Continue on uphill, following the signs for Churt and Frensham.
- 4** Continue downhill past the white cottage ('Saunders Green Cottage') and turn left into Picketts Hill. (There is a triangle of roads with signs to Kingsley/Alton).
- 5** Cycle uphill then take a downhill section (check the visibility) to the junction with Smithy Lane. Turn right into Smithy Lane.
- 6** Continue on with the River Wey to your left. Turn left over the stone hump back bridge towards Dockenfield/Bentley.
- 7** Continue through 'Mellow Farm' and cycle up Heath Hill, passing the old quarry on your right. Continue uphill to the junction, turning left past 'Great Holt House'.
- 8** Continue downhill; Alice Holt Forest will be in front of you. You now have a choice; you can either turn left at the junction and continue for approximately 500 metres before you come to the Forest Access track on your right. This will take you into Abbot's Wood Inclosure. However there are no waymarked routes at present and tree-felling can result in parts of the forest being closed. Alternatively you can turn right at the junction and follow a steep uphill section on the public highway along High Ticket Road.
- 9** Bear left at the junction signposted Buck's Horn Oak and Binstead and left again at the second junction. The road follows a straight, level section.
- 10** After passing a car park and picnic site for Abbots Wood Inclosure on your left, the Alice Holt Forest Centre is found to the right of the road, down a surfaced approach road.

KEY

- Forest
- Cycle Route
- River Wey
- Important buildings



ALICE HOLT FOREST TO LINDFORD Distance: 6½ miles/10 kilometres

- 10** Start from the Alice Holt Forest Centre (Pay and Display Car Parking available) and turn left into High Thicket Road. You will pass a car park and picnic site for Abbots Wood Inclosure on your right.
- 9** Bear right at the next junction, following signs for Headley and Frensham and straight on at the next junction, following signs for Headley and Bordon. You now start a steep downhill section, with a sharp right hand bend at the bottom of the hill. Watch your speed on the descent to the bend.
- 8** At the bottom of the hill turn left into Old Lane. After a short uphill, turn right downhill into the lane just after passing 'Great Holt House'.
- 7** Continue downhill past the old quarry on the left and cycle through 'Mellow Farm'.
- 6** Go over the old stone hump back bridge and turn immediately right into Smithy Lane, following the River Wey to your right.
- 5** Continue to the next 'T' junction and turn left into an uphill section, followed by a downhill. (Check the visibility).
- 4** Approach the triangle of roads and turn right, going uphill passing 'Saunders Green Cottage'.
- 3** Continue downhill passing the Hanger junction on the left, following signs for Lindford/Bordon.
- 2** Cycle through a blind right hand bend, going uphill past 'Birdsnest Barn'. Continue downhill, passing the 'Winters Barn', following the signs for Lindford/Bordon.
- 1** Continue uphill (your last one!) then downhill, entering Lindford at the 30 mph signs. Take care as you turn left and enter Lindford with the 'Royal Exchange' public house on your left.

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