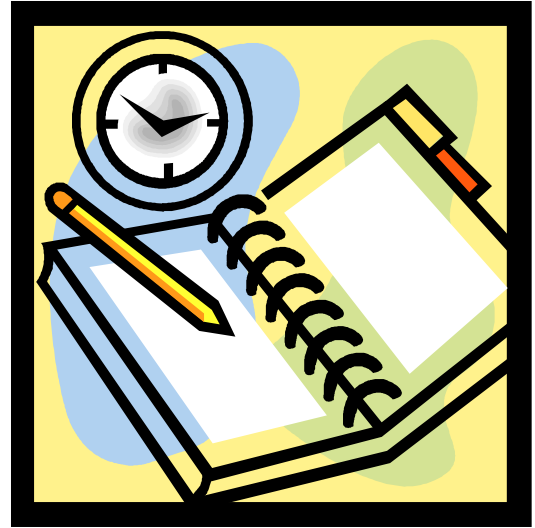
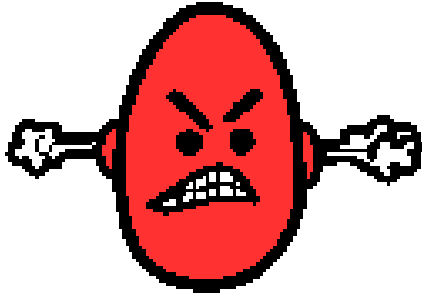
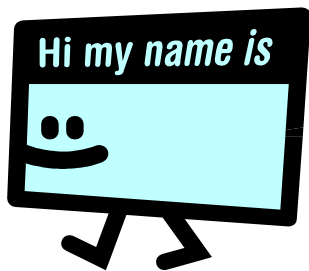




Hampshire
County Council



Hassle Log



.....
Name



.....
Date

Where was I hassled?



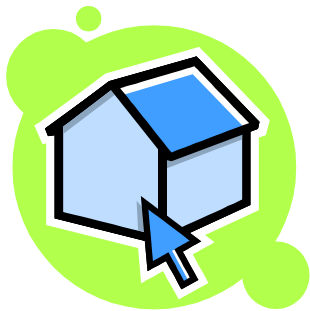
In the playground



In the classroom



On the bus



At home



In the school corridor



In the bathroom

Somewhere else



What was I doing?



I was playing



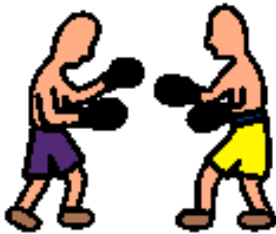
I was eating



I was writing

something else

What made me feel hassled?



I was fighting



Someone hit me



I broke something



Someone took my things



Someone was shouting at me



Someone annoyed me

Something else



Who was I thinking of?



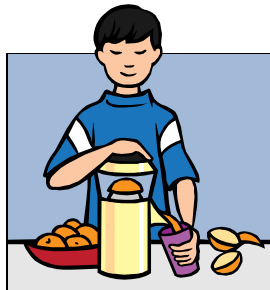
Mother



Father



Sister



Brother



Friend



Teacher

Someone else



What did I do?



Hit someone



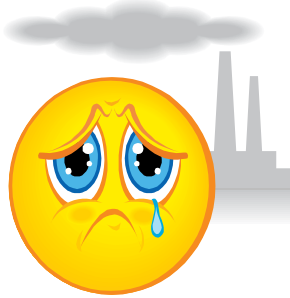
Shouted



Banged doors



Kicked things



Cried



Broke something

Something else



How did I feel?



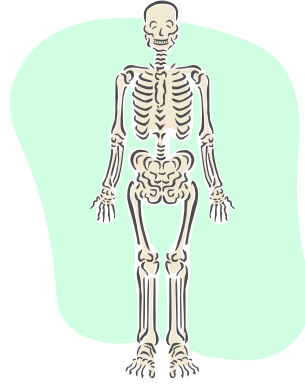
OK



Angry



How did my body feel?



I was embarrassed



I cried



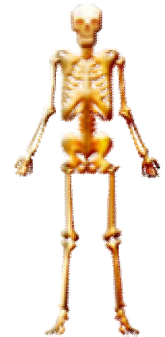
I laughed



I was shaking



My heart felt loud



My body felt tense

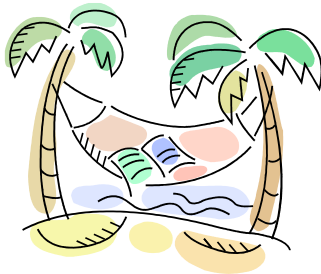
Something else



How well did I do?



What could I do next time?



Relax



Say no



Laugh



Ask for help



Walk away



Count to 10

Something else

