



DAILY REGIME OF CHILDREN TAKING PART IN BROADCAST AND RECORDED PERFORMANCES
Not more than five days within a period of seven days

Age of child	Maximum number of hours permitted at the place of performance or rehearsal	Earliest and latest permitted times at that place	Maximum period of continuous performance or rehearsal	Maximum number of hours performance or rehearsal	Minimum intervals for meals and rest	Minimum number of hours education on school days if being privately taught
9 or over	9 ½	7.00 am to 7.00 pm	1 hour	4	<p>If present at the place of performance or rehearsal for more than 4 consecutive hours, 2, one of which must be at least an hour for meal and the other at least 15 minutes for rest.</p> <p>If present at the place of performance or rehearsal for more than 8 consecutive hours, 3, two of which must each be at least an hour for meal and the others at least 15 minutes for rest.</p>	3 (15 per week)
5 but under 9	7 ½	9.00 am to 4.30 pm	45 minutes	3	<p>If present at the place of performance or rehearsal for more than 3 ½ consecutive hours, 2, one of which must be at least 1 hour for meal and the other at least 15 minutes for rest.</p> <p>If present at the place of performance or rehearsal for 7½ consecutive hours, 3, two of which must each be at least 1 hour for meal and the others at least 15 minutes for rest.</p>	3 (15 per week)
Under 5	5	9.30 am to 4.30 pm	30 minutes	2	Any time during which the child is not taking part in a performance or rehearsal must be used for meals, rest and recreation.	-

EXCEPTIONS: BBC/ITV and Contractors - for children aged 13 and over only
(Reg 27 (2)(a))

Maximum time per week: between 07.00 & 19.00 OR between 10.00 & 22.00

12 hours on any 1 day OR 10 hours on any 2 days OR 9 ½ hours on any 3 days

PROVIDED not present on any other day that week and not present after 19.00 on maximum 20 days in the previous 12 months.

Alternative to above exception (Reg 27 (2) (b)) :

Maximum time per week: between 07.00 & 19.00 OR between 10.00 & 22.00

12 hours on any 1 day PROVIDED not present more than 4 hours on any other day that week AND

does not take part on day following a day on which he was present after 19.00 AND has not been present after 19.00 on any of the 6 previous days.