

You will need:

2 x sheets of A4 coloured card
(eg. cat nos. 817779 Deep Violet)

1 x sheet of A4 coloured paper
(eg. cat no. 819310 Rose)

Glue (eg. cat no. 701702)

Thin coloured ribbon or thread
approximately 15cm in length
(eg. cat no. 209807)

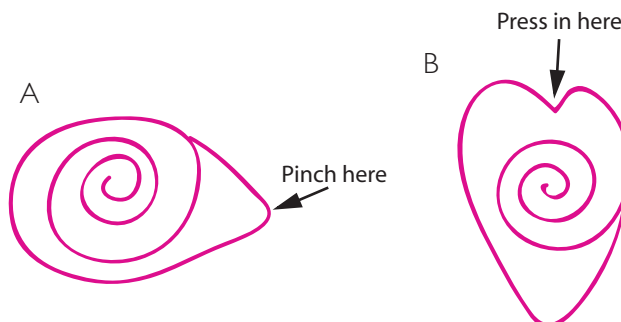
Single hole punch (although an
ordinary hole punch can be used)

Rectangle of white paper
approximately 8 x 12cm
or a metallic pen (eg. cat no. 822185)

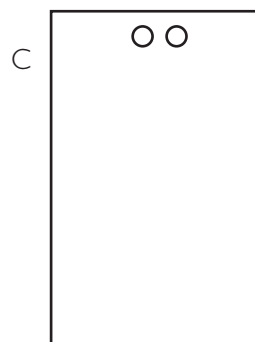
Thin paintbrush or knitting needle

How to make your Valentine Card:

1. Take one of the sheets of card and fold it in half widthways. This is the base of the card. Place it aside for later.
2. Now take one of the sheets of paper and carefully cut 2 strips from it lengthways, about 3-5mm wide.
3. Begin winding one of the strips around the handle of a thin paintbrush or knitting needle. When you reach the end, let the coil loosen slightly. Put a dab of glue on the end of the paper strip and stick it down onto the coil to fasten.
4. Take the second strip and snip off about 1/3 of its length. Put the shorter offcut piece aside. Taking the longer strip of paper, repeat step 3.
5. Now repeat step 4 using the piece that you cut away from the second strip. You should be left with 3 paper coils, large medium and small. Allow the glue to dry.
6. Now make your quilled hearts: Pick up the large coil and, using your thumb and forefinger, pinch one side of it into a point as shown in the diagram (A).



7. Next, gently push the other side of the coil into an 'M' shape as shown in the diagram (B). Repeat this process with the other 2 coils.
8. Take the sheet of coloured paper and cut out a rectangle about 10 x 6cm. Punch 2 holes in the top of the card as shown in the diagram (C)
9. Take the remaining sheet of card and cut out a rectangle about 5 x 9cm. Punch 2 holes in the top of the card as shown in the diagram (C).



10. Apply glue to the underside of your quilled hearts and stick them onto the rectangle of coloured card that you have just cut out. Arrange the hearts so that they are in a stack with the largest heart at the bottom and the smallest at the top. Allow the glue to dry.



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11. Place the card with your quilled hearts design on top of the rectangle of paper. Thread ribbon through both sets of holes and tie in a bow at the front.
12. Apply glue to the underside of the paper and attach it to the base of your card. Allow to dry.
13. To make the inside greeting of your card either:
 - a) Stick a rectangle of white paper inside the card and write your message on the paper or..
 - b) Write your message in silver metallic pen.
14. Put your card into a suitable envelope and it's ready to send to your secret admire-ee!

For further advice on completing this project please contact Helen White in the Marketing and Information Team on helen.white@hants.gov.uk

Variations:

Different effects can be obtained by using a variety of paper colours and varying the tightness of the coils. Try also adding coils that have been bent into a different shape such as a leaf shape, square, oval or teardrop.

Once you've got the hang of quilling, why not try making other scenes. Anything is possible. Be as simple or as complicated as you like.

Quilling is ideal for making pictures, cards, gift tags and much more at any time of year.