

Strategy and Commissioning Team

Fareham and Gosport / Havant

Services support children and young people with emotional, social and mental health needs

TIER 1 - Universal Services

Child Health Team

The Child Health Team includes Health Visitors and School Nurses. The Team aims to:

- . Improve outcomes for children, young people and families at increased risk of poor health outcomes and identification of vulnerability.
- . Support delivery of general education around health and well-being and supporting children with additional needs to access a full range of experiences and education.
- . Strengthen the emotional and mental health/well-being of all children, young people and parents.
- . Promote social inclusion through supporting engagement with local provision.
- . Safeguard children and young people, to manage identified risks and provide timely and relevant health intervention.

Havant Area

Southern Health NHS Foundation Trust, Fort Southwick, The Old Gymnasium, James Callaghan Drive, Fareham, PO17 6AR

023 9222 4588, (fax 023 9222 2075)

Locality Clinical Manager, Amanda Brown, amanda.brown@southernhealth.nhs.uk

Fareham Area

Southern Health NHS Foundation Trust, Unit 4, Alpha Court, Segensworth Business Park, Segensworth, Fareham, PO15 5RQ

01489 554943

Locality Clinical Manager, Kath Clark, kath.clark@southernhealth.nhs.uk

Gosport Area

Southern Health NHS Foundation Trust, Unit 4, Alpha Court, Segensworth Business Park, Segensworth, Fareham, PO15 5RQ

01489 554944

Locality Clinical Manager, Helen Heaton, helen.heaton@southernhealth.nhs.uk

Waterlooville Boundaries Area

Southern Health NHS Foundation Trust, Waterlooville Health Centre, Dryden Close, Waterlooville, PO7 6AL

023 9224 0340, (fax 023 9224 0934)

Locality Clinical Manager, Amanda Brown, amanda.brown@southernhealth.nhs.uk

Sure Start Children's Centres

Children's Centres are places where children under 5 years old and their families can receive seamless holistic integrated services and information and can access multi-disciplinary teams of professionals.

<http://www3.hants.gov.uk/childrens-services/childrenandyoungpeople/childrens-centres/childrens-centres-search.htm>

Fareham area:

Oak Meadow Children's Centre (Fareham), 01329 841097, oakmeadow.cc@hants.gov.uk

Keepsake Children's Centre (Portchester), 023 9221 0070, admin@portchesterca.org.uk

Strawberry Meadow Children's Centre (Titchfield), 01329 847205, strawberrymeadow.cc@hants.gov.uk

Merryfields Children's Centre (Fareham), 01329 829522, teresa.stiles@hants.gov.uk

Gosport area:

Sure Start Rowner Children's Centre (Gosport), 023 9251 3777, reception@surestartrowner.co.uk

Haven Children's Centre (Gosport), 01329 232095,

Little Waves Children's Centre (Gosport), 023 9252 3075, littlewaves.cc@hants.gov.uk

Stubblee Hill Children's Centre (Lee-on-the-Solent), 023 9255 3816, denise.mcdonald@hants.gov.uk

Haselbridge Children's Centre (Gosport), 023 9258 0671, haselbridge.cc@hants.gov.uk

The Tree House Children's Centre (Gosport), 023 9258 3208, treehouse.cc@hants.gov.uk

Havant area:

Park Futures Children's Centre (Leigh Park), 023 9242 4980

Sharps Copse Children & Families Centre (Havant), 023 9247 5101

Links Children's Centre (Waterlooville), 023 9224 7370, ben.calder@hants.gov.uk

Trospacc Children's Centre (Leigh Park), 023 9249 8377, trospacc.cc@hants.gov.uk

Starfish Children's Centre (Hayling Island), 023 9246 3633, starfish.cc@hants.gov.uk

Crookhorn Lane Children's Centre (Purbrook), 023 9225 3770, crookhornlane.cc@hants.gov.uk

Mill Hill and Small Steps Children's Centre (Waterlooville), 023 9224 0077, millhill.cc@hants.gov.uk

The Orchard Children's Centre (Emsworth), 023 9248 5181, orchard.cc@hants.gov.uk

Advice and counselling for young people

Havant Area Bereavement Group

Counselling service for bereaved people, usually on an individual basis. There is a children's group which often works with bereaved children in a group setting and can incorporate the assistance of parents.

Havant Area Bereavement Group

PO Box 170, Havant, PO9 2WY

0845 051 0961

Havant Women's Aid

Provides services in Havant for men, women and children who have experienced or are experiencing emotional, physical or sexual abuse in their relationships.

www.hwaid.org

Havant Women's Aid

PO Box 53, Havant, PO9 1UA

02392 480246, admin@hwaid.org, www.hwaid.org

Moving On Project

A free and confidential counselling and support service for young people. Ages 11-25 years.

The I-Stop, St Vincent College, Mill Lane, Gosport, PO12 4QA
01329 822331,

X-perience Young Persons' Centre
Trinity Street, Fareham, PO16 7SJ
01329 822331

Off The Record

A free, confidential support service to young people offering counselling, information and befriending to any young person in difficulty. Both short and longer term support can be offered. Also limited support (up to 6 sessions for parents/carers). All the support is offered by trained and supervised volunteers. Ages 11-25 years.

www.off-the-record.org.uk

Off The Record

Threeways, 138 Purbook Way, Leigh Park, Havant, PO9 3SU
023 9247 4724, e-mail @off-the-record.org.uk

250 Fratton Road, Portsmouth, PO1 5HH
023 9281 5322

One 2 One 4U

Domestic abuse service for young people.

One2One4U

02392 480246, one2one4u@hwaid.org

Rowan's Meerkat Service

Rowan's Meerkat Service offers support to children and young people up to the age of 18 who have either been bereaved of a significant adult or have a significant adult with a life-limiting illness. A significant adult may be a parent or grandparent for example. The service is open to families who are receiving or have received, in the case of bereavement, a service from the Rowan's Hospice or the NHS Specialist Palliative Care Teams for Portsmouth PCT and Hampshire PCT. The service offers advice, liaison with schools and other agencies and where appropriate one to one support with children and young people and will also facilitate groups for children and young people who have been bereaved.

www.rowanshospice.co.uk

Rowan's Meerkat Service

Rowan's Hospice, Purbrook Heath Road, Purbrook, Waterlooville, PO7 5RU
02392 250001, meerkats@rowanshospice.co.uk, www.rowanshospice.co.uk

Youth Support Services

Youth Support Services (YSS) is a collection of teams within the Children's Services Department that provide services for 13-19 year olds.

Havant

Children's Services Department, Havant Local Office, Rivery Way, Havant, PO9 2EL
02392 441475, havant.youth@hants.gov.uk

Fareham and Gosport

District Youth Team Office, 2nd Floor, Xperience Young Persons Centre, Trinity Street, Fareham, PO16 7SJ

01329 222600

Family and Parent Support

Care For The Family

On-line advice and support helplines.

www.careforthefamily.org.uk

Family Lives

Family Lives offers a free and confidential 24 hour telephone support service, offering advice, information and support for parents in Hampshire.

<http://familylives.org.uk>

Family Lives

Unit 5 Basepoint Southampton, Anderson's Road, Southampton, SO14 5FE

023 8068 2499, helpline 0808 800 2222, <http://familylives.org.uk>

Gosport and Fareham Family Aid

Provides support for women and children who have experienced domestic violence.

Gosport and Fareham Family Aid

c/o Community Action Fareham, 163 West Street, Fareham

01329 285375

Hampshire Autistic Society

Hampshire Autistic Society is an Independent Regional Charity providing services and support for people with autism, and those connected to them across Hampshire and the surrounding areas. Services include: Outreach, Children's Services, Autism Specialist School, Adult Services, Domiciliary Care Services, Supported Living Services, University Support Services, Training and Development, Fundraising.

www.has.org.uk

Hampshire Autistic Society

1634 Parkway, Solent Business Park, Whiteley, Fareham, PO15 7AH

01489 880881, info@has.org.uk, www.has.org.uk

Hampshire Ethnic Minority Achievement Service

The service aims to support schools and families across Hampshire in raising minority achievement through projects, training and advisory support.

Hampshire Ethnic Minority Achievement Service
Aldworth Science College, Western Way, Basingstoke, RG22 6HA
01256 330195, www.hants.gov.uk/ema

Home-Start

The aim is to provide parents with the support they need to give their children the best possible start in life. It offers friendship, support and practical help. Home visiting and weekly family groups. Any age but one child must be under 5 years.

Home-Start Fareham & Gosport
Delta House, Salterns Lane, Fareham, PO16 0QS
01329 825858, homestartfandg@tiscali.co.uk

Home-Start Havant
Mill Hill Children's Centre, Mill Raod, Waterlooville, PO7 7DB
023 9224 1234, info@homestart-havant.org.uk

italk

italk is an Improving Access to Psychological Therapies (IAPT) service which is delivered as a partnership between Solent Mind and Southern Health NHS Foundation Trust. Italk is for anyone living in the Fareham, Gosport and Havant areas experiencing mild to moderate depression/anxiety.

www.italk.org.uk

italk
3rd Floor, Black Horse House, 8-10 Leigh Road, Eastleigh, Hampshire, SO50 9FH
023 8038 3920, fax 023 8061 3391, info@italk.org.uk, www.italk.org.uk

Parent Support Advisers

A school based service offering support to parents with school based issues including behaviour and school attendance. Ages 5-16 years.

www.hants.gov.uk/parentsupport

Parent Voice

Specialist information and participation service for parents of children with disabilities aiming to provide families with the right information at the right time, to help parents/carers influence the way existing services are developed and identify gaps in services. Ages 0-19 years.

www.parentvoice.info

Parent Voice
194 West Street, Fareham PO16 0HF
01329 823140

TIER 2 - Targeted Services

Tier 2 Specialist CAMHS - Hampshire Primary Mental Health Service

For children and young people who are experiencing mild to moderate worries or problems including disruptive behaviour, depression, anxiety, eating disorders or developmental problems. The service offers short-term (6-8 sessions) usually delivered through home visits. 0-18 years.

Hampshire Primary Mental Health Service - Havant and Petersfield
Children's Services, The Old Gymnasium, Fort Southwick, James Callaghan Drive, Fareham, PO17
023 9222 4560

Hampshire Primary Mental Health Service - Fareham and Gosport
2nd Floor, Osborn Centre, Osborn Road, Fareham, PO16 7ES
01329 822220, hamp-pct.camhs-oc@nhs.net

Behaviour Support Team

Working together to support children in school. The Behaviour Support Team works proactively to support children with behavioural, emotional and social difficulties in school. The Team works predominantly at primary school level and on transition from KS2 to KS3 and works with children, families and schools. Requests for support are taken from schools. Parents can request support through their child's school.

Havant Behaviour Support Team
c/o Padnell Infant School, Padnell Avenue, Cowplain, Waterlooville, PO8 8DS
023 9226 1843

Fareham and Gosport Behaviour Support Team
c/o Woodcot Primary School, Tukes Avenue, Bridgemary, Gosport, PO13 0SG
01329 286750, (fax) 01329 289652

Educational Psychology Service

The service responds to requests for involvement/assistance in meeting the needs of children and young people with a wide range of learning and emotional needs. We work in partnership with schools, parents/carers, voluntary organisations, health service and Local Authority departments. Approaches involve consultation with relevant adults and may include direct work with the child or young person. The informed consent of parents/carers or the young person is required. Services are also provided to support the development of practice in schools, pre-schools and other organisations. Ages 0-19 years.

Havant and Fareham & Gosport Community Teams
Children's Services Department Local Office, River Way, Havant, PO9 2EL
023 9244 1496

Education Inclusion Service

Full time provision for permanently excluded pupils at Education Centres. Provison and support for emotionally unwell and physically sick children. Intervention programmes to prevent primary and secondary exclusion. Virtual Learning IT Team.

Education Inclusion Service

Havant Local Office, River Way, Havant PO9 2EL

02392 441507, 02392 498174 (fax)

Area Strategic Manager, David Retter, david.retter@hants.gov.uk

Education Welfare Service and Locality Teams

The Education Welfare Service is now incorporated within the locality teams across Hampshire and provides a service for children where there are concerns about attendance. Locality teams advise and assist agencies on the Common Assessment Framework (CAF) and Team Around the Child (TAC) processes.

Havant Locality Team

Oakleigh Family Centre, 200 Dunsbury Way, Havant, PO9 5BG

023 9247 5503

Locality Team Manager, Lorraine Spacey, lorraine.spacey@hants.gov.uk

Fareham and Gosport Locality Team

Neville Lovett School, GEN 2, St Anne's Grove, Fareham, PO14 1JJ

01329 820330

Locality Team Manager, Stephanie Morley, stephanie.morley@hants.gov.uk

East Hants Locality Team

Tilbrook House, 2-4 Grenehurst Way, Petersfield, GU31 4AZ

01730 235236, (fax) 01730 710776

Locality Team Manager, Emma Kelsall, emma.kelsall@hants.gov.uk

Portage Plus Service

For children experiencing significant difficulties with their social, emotional and behavioural development both in early years settings and at home.

Havant Portage Plus

Mill Hill Children's Centre, Mill Road, Waterlooville, PO7 7DB

023 9226 1057

Fareham & Gosport Portage Service

Haven Children's Centre, Harris Road, Bridgemary, Gosport, PO13 0UY

01329 283498

Youth Crime Prevention Team

The Youth Crime Prevention Team work with children and young people who are at risk of getting involved with crime and anti-social behaviour. Children are identified by a wide range of agencies and a multi-agency panel agrees the support required. It is voluntary and the children and parents must agree to the support. One-to-one support is available for parents as well as parenting programmes. Ages 10-16 years.

Youth Crime Prevention Team - Havant

Havant Locality Team, Oakleigh Family Centre, 200 Dunsbury Way, Leigh Park, Havant, PO9 5BG
02392 475503

Case Workers - Gina O'Neill, 07841 492521 and Emma Bailey, 07912 341135

Youth Crime Prevention Team - Fareham and Gosport

Fareham and Gosport Locality Team, Children's Services, Neville Lovett School Site, St Anne's Grove, Fareham, PO14 1JJ
01329 820330

Case Workers - Liz Hubbuck, 07872 827235 and Tanya Leigh, 07872 827239

Youth Crime Prevention Team - Petersfield

Community Safety Team, East Hants District Council, Penns Place, Petersfield, GU31 4EX
01730 234189

Case Workers - Sophie Kynoch, 07872 827237 and Laura Crassweller, 07872 827321

Young Carers Project - Havant

This project offers support to young people whose lives are affected by caring for a family member. Monthly group meetings, regular activities and some individual support. Referral only. Ages 10-19 years.

Young Carers Project - Havant

Havant District Youth Team, The Original Place, 139 Purbook Way, Leigh Park, Havant, PO9 3SU
023 9247 2813, havant.youth@hants.gov.uk

Youth Support Services

Youth Support Services (YSS) is a collection of teams within the Children's Services Department that provide services for 13-19 year olds.

Havant

Children's Services Department, Havant Local Office, River Way, Havant, PO9 2EL
02392 441475, havant.youth@hants.gov.uk

Fareham and Gosport

District Youth Team Office, 2nd Floor, Xperience Young Persons Centre, Trinity Street, Fareham, PO16 7SJ

01329 222600, youth.farehamandgosport@hants.gov.uk

Counselling services

NSPCC

The NSPCC are running three new services under the themes of 'Neglect' and 'Physical Abuse in high risk families.'

Improved Parenting, Improved Partnership (IPIP)

- For children aged 4-10 where there are concerns of neglectful parenting
- Triple P Pathways: 10 week parenting programme 1:1 with parents in the home
- Video Interactive Guidance: short video of parent/child interactions (6-8 sessions) identifying strengths and positives to reverse neglectful behaviours

Family SMILES (Simplifying Mental Illness plus Life Enhancing Skills)

- For children aged 8-14 whose parent/carer has a mental illness
- 8 weeks of group sessions for child and 6 Individual sessions with parents alongside, development of a 'Family Safety Plan' at end of group.

Evidence Based Decisions

- Time limited assessments using North Carolina Assessment Scale (+2 to -3) identifying action plan and capacity to change.
- For children 0-18 who are subject to a child protection plan, or complex needs, regarding significant concerns of neglectful parenting to assist the Local Authority in decision making and to prevent delay/drift in the system.

NSPCC Southampton Service Centre
21 The Avenue, Southampton, SO17 1XL
023 8024 8180

Drug and alcohol services

Hampshire DAAT Drug and Alcohol Action Team

Information and support for adults and young people in Hampshire who are experiencing problems with drugs or alcohol, or concerned about their own or somebody else's drug or alcohol use. Ages 18+.

www.hants.gov.uk/education/dat

Havant

The Orion Centre, Dunsbury Way, Leigh Park, Havant, PO9 5BG
023 9245 1500

Fareham

Avalon Centre, Fareham Health Centre, Civic Way, Fareham, PO16 7ER
01329 235 353

Substance Misuse - Catch 22: 24/7 Hampshire

A free confidential service for anyone under 18 who is experiencing problems with drugs, alcohol or solvents. Services include one-to-one support, group work, advice and information, activities etc.

www.catch-22.org.uk/247

Catch 22 - Hampshire

0845 4599405, 0844 2640771 (fax), www.catch-22.org.uk/247

The PRISM Network

The PRISM Network aims to increase social inclusion and promote improved educational outcomes for vulnerable pupils who may be involved in substance misuse. The substances include: solvents, alcohol and illegal drugs. The PRISM Network provides specialist advice and consultation to school staff on the management of pupils with substance misuse related problems, within a school setting, and specialist support at Tier 2 level for young people engaged in substance misuse. Requests for support are taken from schools and other educational establishments. Ages 10-16 years.

The PRISM Network
Havant Local Education Office, Riverway, Havant, PO9 2EL
07590 305066, prismnetwork@hants.gov.uk

TIER 3 - Specialist Services

Hampshire Specialist CAMHS

For children and young people who are experiencing severe worries or problems, including disruptive behaviour, depression, anxiety, eating disorders or developmental problems. The service focuses on the most serious or complex situations, which can be managed on an 'out patient' basis.

Hampshire Specialist CAMHS - Havant

Children's Services, The Old Gymnasium, Fort Southwick, James Callaghan Drive, Fareham, PO17 023 9222 4560

Hampshire Specialist CAMHS - Fareham and Gosport

2nd Floor, Osborn Centre, Osborn Road, Fareham, PO16 7ES
01329 822220, hamp-pct.camhs-oc@nhs.net

Educational Psychology Service

Ages 0-19 years.

The service responds to requests for involvement/assistance in meeting the needs of children and young people with a wide range of learning and emotional needs. We work in partnership with schools, parents/carers, voluntary organisations, health service and Local Authority departments. Approaches involve consultation with relevant adults and may include direct work with the child or young person. The informed consent of parents/carers or the young person is required. Services are also provided to support the development of practice in schools, pre-schools and other organisations.

Havant and Fareham & Gosport Community Teams

Children's Services Department Local Office, River Way, Havant, PO9 2EL
023 9244 1496

Early Intervention in Psychosis Service

The Early Intervention in Psychosis Service aims to engage people who are experiencing their first episode of psychosis. The service offers evidence based clinical interventions centred around education about psychosis, alongside pharmacological, psychological, social and family based interventions. The service also aims to increase the knowledge about early signs of psychosis for staff working in primary care, schools and all public and voluntary sectors who may come into contact with individuals who may be at risk of first episodes. Ages 14-35 years.

Early Intervention in Psychosis Service (EIP)

Fareham Reach, Suite 110, Fareham Road, Gosport, PO13 0FP
01329 224559, 01329 224569 (fax)

Paediatrics

For children and young people experiencing psychological difficulties as a result of an underlying medical condition. Also a clinic for pre-school and Year R children with social communication disorders such as Autism or Aspergers. 0-18 years.

Paediatrics

Children's Services, The Old Gymnasium, Fort Southwick, James Callaghan Drive, Fareham, PO17 023 9222 4538

Clinical Psychology

Assessment and advice on emotional, behavioural and learning difficulties and help for the child or young person to develop new ways of thinking and behaving. 0-18 years.

Clinical Psychology

2nd Floor, Osborn Centre, Osborn Road, Fareham, PO16 7ES

01329 822220, 01329 282136 (fax)

Substance Misuse - Catch 22: 24/7 Hampshire

A free confidential service for anyone under 18 who is experiencing problems with drugs, alcohol or solvents. Services include one-to-one support, group work, advice and information, activities etc.

www.catch-22.org.uk/247

Catch 22 - Hampshire

0845 4599405, 0844 2640771 (fax), www.catch-22.org.uk/247

Further information on services can be found in the Hampshire Family Information Directory, www.fid.hants.gov.uk