

New Forest / Winchester and Eastleigh

Services supporting children and young people with emotional, social and mental health needs

TIER 1 - Universal Services

Child Health Team

The Child Health Team includes Health Visitors and School Nurses. The Team aims to:
Improve outcomes for children, young people and families at increased risk of poor health outcomes and identification of vulnerability.
Support delivery of general education around health and well-being and support children with additional needs to access a full range of experiences and education.
Strengthen the emotional and mental health/well-being of all children, young people and parents.
Promote social inclusion through supporting engagement with local provision.
Safeguard children and young people, to manage identified risks and provide timely and relevant health intervention.

New Forest South Area

Southern Health NHS Foundation Trust, Ashurst Child & Family Centre, Lyndhurst Road, Southampton, SO40 7AR
023 8074 3043
Locality Clinical Manager, Julie Hooper, jhooper@nhs.net

New Forest North Area

Southern Health NHS Foundation Trust, Ashurst Child & Family Centre, Lyndhurst Road, Southampton, SO40 7AR
023 8074 3043
Locality Clinical Manager, Chris O'Dea, c.odea@nhs.net

Eastleigh and Southern Parishes

Southern Health NHS Foundation Trust, Eastleigh Health Centre, Newtown Road, Eastleigh, SO50 9AG
023 8067 3967
Locality Clinical Manager, Katherine Elsmore, katherine.elsmore@nhs.net

Winchester Area

Southern Health NHS Foundation Trust, Unit 3, Tidbury Farm, Bullington Cross, Sutton Scotney, Winchester, SO21 3QQ
01962 763947
Locality Clinical Manager, Eileen Emptage, eileenemptage@nhs.net

Sure Start Children's Centres

Children's Centres are places where children under 5 years old and their families can receive seamless holistic integrated services and information and can access multi-disciplinary teams of professionals.

<http://www3.hants.gov.uk/childrens-services/childrenandyoungpeople/childrens-centres/childrens-centres-search.htm>

Eastleigh area:

The Windmill Children's Centre (Bursledon), 023 8040 5189, windmill.cc@hants.gov.uk
Little Coppice Children's Centre (Bishopstoke), 023 8060 2799, littlecoppice.cc@hants.gov.uk
Chamberlayne Children's Centre (Eastleigh), 023 8068 4990, chamberlayne.cc@hants.gov.uk
West End Gateway Children's Centre, 023 8046 2182, westend.cc@hants.gov.uk
Aviary Children's Centre (Eastleigh), 023 8062 6960, aviary.admin@hants.gov.uk
Caterpillar Hill Children's Centre (Hiltingbury), 023 8026 6763, caterpillar.hill@childrenssociety.org.uk
Hop-a-Long Children's Centre (Botley), 01489 781652, kate.isham@actionforchildren.org.uk
The Nest Children's Centre (Hedge End), 01489 796395, kirsty.reed@childrenssociety.org.uk

New Forest area:

Forest First Children's Centre (Fawley), 023 8089 4425
The Waterside Children's Centre (Hythe), 023 8084 5247, waterside.cc@hants.gov.uk
Cadland Children's Centre (Holbury), 023 8089 0877, cadland.cc@hants.gov.uk
The Phoenix Children and Young People's Centre (New Milton), 01425 612113, thephoenix.cc@hants.gov.uk
All Season's Children's Centre (Pennington), 01590 678390, allseasons.cc@hants.gov.uk
The Harbour Children's Centre (Eling), 023 8066 8683, theharbour.cc@hants.gov.uk
Seedlings Children's Centre (Brockenhurst), 01590 624489, childrenscentre@brock.ac.uk
Pathways Children's Centre (Fordingbridge), 01425 472545, pathways.cc@hants.gov.uk
The Bridges Children's Centre (Fordingbridge), 01425 654193, rosie.wilcox@hants.gov.uk
The Patch Children's Centre (Calmore), 023 8066 8047, thepatch.cc@hants.gov.uk

Winchester area:

Lanterns Children's Centre, 01962 893602, www.lanterns.hants.sch.uk
Sparklers Children's Centre (St Bartholomew), 01962 861403, sparklers.cc@hants.gov.uk
The Carroll Children's Centre (Stanmore), 01962 840022, c.y.c@btconnect.com
Merry-Go-Round Children's Centre (Wickham), 01329 834874, merrygoround.cc@hants.gov.uk
Reign and Shine Children's Centre (Kings Worthy), 01962 889083, peter.newman@actionforchildren.org.uk
Little Petals Children's Centre (Bishop's Waltham), 01489 893314, little.petals@childrenssociety.org.uk
Happy Valley Children's Centre (Denmead), 023 9226 9695, kate.isham@actionforchildren.org.uk

Advice and counselling for young people

Beat - Eating Disorders Family and Friends' Support Group

Support and information for family and friends of anyone with an eating disorder.

Winchester & District b-eat Family & Friends' Support Group
Bradbury House, Durgate Place, Winchester, SO23 8DX
07900 490609, b-eatwinchester@tiscali.co.uk, www.b-eat.co.uk

Cruse Bereavement Care

Free information, advice and 1-2-1 counselling for children and young people. All ages from pre-school to adult.

Cruse Bereavement Care
New Forest 01425 628375

Fairbridge

Fairbridge works with young people with low self-esteem, aggression, drugs, alcohol or involvement in crime. A combination of long-term personal support with practical learning experiences enable young people to develop personal, social and life skills. Ages 13-25 years.

www.fairbridge.org.uk/solent/

Fairbridge
61-64 The High Street, Southampton, SO14 2NS
02380 231666, fax 02380 231109, solent@fairbridge.org.uk, www.fairbridge.org.uk/solent/

It's Your Choice - advice and counselling for young people

Free and confidential information, advice and counselling for young people in Totton, Fordingbridge and Waterside areas. Other locations in the New Forest by appointment. Ages 12-25 years.

www.iyc.org.uk

It's Your Choice

37 Salisbury Road, Totton, SO40 3HX

023 8086 4231, 0800 515819 (freephone), manager.itsyourchoice@ukgateway.net, www.iyc.org.uk

No Limits - Youth information, advice and counselling service

Free and confidential information, advice, counselling and support for 11-25 year olds.

www.nolimits-southampton.org.uk

No Limits

24a Bernard Street, Southampton SO14 3AY

023 8023 6237 (office), 023 8022 4224 (young people), enquiries@nolimits-southampton.org.uk

278 Shirley Road, Shirley, Southampton, SO15 3HL

023 8077 8448 (office), 023 8051 1051 (young people), enquiries@nolimits-southampton.org.uk

406-408 Portsmouth Road, Sholing, Southampton, SO19 9AT

023 8043 4455 (office), 023 8043 5000 (young people), enquiries@nolimits-southampton.org.uk

One Community - Eastleigh Young Carers Project

One Community provides flexible support for young carers within the Eastleigh Borough including information, signposting, regular activity evenings, day trips, life skill workshops and mentoring. Ages 11-18 years.

Eastleigh Young Carers Project - One Community

16 Romsey Road, Eastleigh, SO50 9AL

023 8090 2465, jnewcome@1community.org.uk

Romsey Young Carers

Information, support, advice and counselling for young carers.

www.hyca.hampshire.org.uk

Romsey Young Carers

9 Love Lane, Romsey, SO51 8DE

01974 515908, yccordinator@romseycarers.org.uk, www.hyca.hampshire.org.uk

R U Bothered? Eastleigh Youth Counselling Service

A free and confidential counselling service for young people living or going to school or college in Eastleigh Borough. Ages 11-25 years.

www.rubothered.org

Eastleigh Youth Counselling Service

24 High Street, Eastleigh

07788 492202, www.rubothered.org

Simon Says Child Bereavement Support

Bereavement support for children, young people and their families in Hampshire. Simon Says offers a helpline; support groups for children under 11 years and young people 11-18 years; befriending and counselling; information, resources and advice; support and training for professionals working with bereaved children and young people. Ages up to 18 years.

www.simonsays.org.uk

Simon Says Child Bereavement Support

PO Box 485, Eastleigh, SO50 0BA

Helpline 023 8064 7550, info@simonsays.org.uk, www.simonsays.org.uk

Trinity Winchester

Drop-in service offering support to people experiencing personal problems, such as mental health, substance misuse, family/relationship breakdown, homelessness and social exclusion. Parenting courses are also available.

Ages 16 years upwards.

www.trinitywinchester.org.uk

Trinity Winchester

Bradbury House, Durngate Place, Winchester SO23 8DX

01962 622220, 01963 890309 (fax), dropin@trinitywinchester.org.uk, www.trinitywinchester.org.uk

Trinity Women's Services

A direct access day service for women. The freedom group for women who have experienced domestic abuse, mental ill-health, isolation, relationship issues and financial difficulties. A range of services are offered including individual support, counselling, adult education groups, relaxation, hand massage and yoga. For women only from 18 years upwards.

Trinity Women's Services

Bradbury House, Durngate Place, Winchester SO23 8DX

01962 828632, women@trinitywinchester.org.uk

Winchester Young Carers

The service helps children and young people whose lives are affected by caring for a family member. Group activities and befriending - evenings and weekends. Ages 8-17 years.

Winchester Young Carers

Kayac, Winnall Valley Road, Winchester, SO23 0LD

01962 808339, 07736 006428, office@wycp.org.uk, www.wycp.org.uk

Winchester YMCA

The service helps young people to raise their self-esteem, develop coping strategies and empower them to fulfil their potential. Ages 12-18 years.

www.ymcawinchester.org.uk

St John's House, Broadway, Winchester, SO23 9BE

01962 864232, winchester.ymca@btconnect.com

Youth in Romsey Project

Information, advice and support service for young people. Ages 11-25 years.

Youth in Romsey Project

23 Bell Street, Romsey, SO51 8GY

01794 500581

Youth Support Services

Youth Support Services (YSS) is a collection of teams within the Children's Services Department that provide services for 13-19 year olds.

New Forest

Youth Office, Totton Youth Centre, Testwood Lane, Totton, SO49 3ZW

023 8086 6203, newforest@youth.hants.gov.uk

Eastleigh

Eastleigh District Office, Rookwood Centre, Penhurst Way, Boyatt Road, Eastleigh, SO50 4RJ

023 8061 3075, eastleigh.youth@hants.gov.uk

Winchester

Winchester District Office, Clarendon House, Romsey Road, Winchester, SO22 5PW

01962 876361, winchester.youth@hants.gov.uk

Drug and alcohol services

Options - Alcohol Advice, Information and Counselling Service

A free counselling service for anyone concerned about their own or someone else's drinking. Ages 18+.

www.optionscounselling.co.uk

Options

147 Shirley Road, Southampton, SO15 3FH

023 8063 0219, southampton@optionscounselling.co.uk

Options - Gambling Advice, Information and Counselling Service

In partnership with GamCare provides free counselling for anyone concerned about their own or someone else's gambling. Ages 16+.

www.optionscounselling.co.uk

Options

147 Shirley Road, Southampton, SO15 3FH

023 8063 0219, southampton@optionscounselling.co.uk

STAR Project (Start Tackling Alcohol Responsibly)

Alcohol awareness initiative educating young people and parents about the consequences of alcohol misuse.

www.eastleigh.gov.uk/alcohol

STAR Project

Eastleigh Borough Council Civic Offices, Leigh Road, Eastleigh, SO50 9YN

023 8068 8367, 07789 943451, star@eastleigh.gov.uk, www.eastleigh.gov.uk/alcohol

Winchester Remix

One-to-one support for young people affected by, or vulnerable to, the misuse of alcohol or drugs. Also work with young people affected by other people's alcohol or substance misuse, e.g. siblings or parents. Preventative education about alcohol. Ages 12-18 years.

Winchester Remix

St John's House, Broadway, Winchester, SO23 9BE

01962 864232, esther.winchester.ymca@btconnect.com

Family and Parent Support

Care For The Family

On-line advice and support helplines.

www.careforthefamily.org.uk

Families Matter

Support groups for parents and families of children and young people with ADHD, autism, mental health issues, additional needs or school transition. Also an adoptive parents' support group, parenting courses and art therapy.

www.families-matter.org.uk

Families Matter

Cornerstone, Hythe United Reformed Church, New Road, Hythe, Southampton, SO45 6BR

023 8020 7623, familiesmatter@cornerstonehytheurc.org.uk, www.families-matter.org.uk

Family Lives

Family Lives offers a free and confidential 24 hour telephone support service, offering advice, information and support for parents in Hampshire.

<http://familylives.org.uk/>

Family Lives

Unit 5 Basepoint Southampton, Anderson's Road, Southampton, SO14 5FE

023 8068 2499, helpline 0808 800 2222, <http://familylives.org.uk>

Forest Bus

Support and advice for people living in isolated communities, including circle time, parenting skills, family learning, play therapy and after school sessions.

www.forestbus.co.uk

Forest Bus

Unit AA.2, North Road, Marchwood Industrial Park, Normandy Way, Marchwood, Southampton, SO40 4BL
023 8066 3866, fax 023 8066 3948, www.forestbus.co.uk

Hampshire Autistic Society

Hampshire Autistic Society is an Independent Regional Charity providing services and support for people with autism, and those connected to them across Hampshire and the surrounding areas. Services include: Outreach, Children's Services, Autism Specialist School, Adult Services, Domiciliary Care Services, Supported Living Services, University Support Services, Training and Development, Fundraising.

www.has.org.uk

Hampshire Autistic Society

1634 Parkway, Solent Business Park, Whiteley, Fareham, PO15 7AH

01489 880881, info@has.org.uk, www.has.org.uk

Hope Lodge School and College Services 023 8063 4346, Adult Services 01489 880881 / 023 9252 4243

Outreach Services 023 8063 3951

Hampshire Ethnic Minority Achievement Service

The service aims to support schools and families across Hampshire in raising minority achievement through projects, training and advisory support. Ages up to 18 years.

Hampshire Ethnic Minority Achievement Service

Aldworth Science College, Western Way, Basingstoke, RG2 6HA

01256 330195, www.hants.gov.uk/ema

Home-Start

The aim is to provide parents with the support they need to give their children the best possible start in life. It offers friendship, support and practical help. Home visiting and family group*.

Home-Start Winchester and District

Lanterns Children's Centre, Bereweke Road, Winchester, SO22 6AJ

01962 893604, anne@home-startwinchester.org.uk

*Please note the family group is for current Home-Start families, families who have recently been supported by a volunteer but now no longer need one and families on the waiting list.

Home-Start Eastleigh

16 Romsey Road, Eastleigh, SO50 9AL

023 8061 2310, office@homestarteastleigh.co.uk

Home-Start New Forest

c/o Home-Start Eastleigh, 16 Romsey Road, Eastleigh, SO50 9AL

07925 926019, office@homestartnewforest.co.uk

italk

italk is an Improving Access to Psychological Therapies (IAPT) service which is delivered as a partnership between Solent Mind and Southern Health NHS Foundation Trust. Italk is for anyone living in the New Forest, Winchester and Eastleigh experiencing mild to moderate depression/anxiety.

www.italk.org.uk

italk

3rd Floor, Black Horse House, 8-10 Leigh Road, Eastleigh, Hampshire, SO50 9FH

023 8038 3920, fax 023 8061 3391, info@italk.org.uk, www.italk.org.uk

Parent Support Advisers

A school based service offering support to parents with school based issues including behaviour and school attendance. Ages 5-16 years.

www.hants.gov.uk/parentsupport

Parent Voice

Specialist information and participation service for parents of children with disabilities aiming to provide families with the right information at the right time, to help parents/carers influence the way existing services are developed and identify gaps in services. Ages 0-19 years.

www.parentvoice.info

Parent Voice

Bradbury Centre, 300 Alder Moor Road, Southampton, SO16 5NA

023 8072 1206, lucyfritt@roseroad.org.uk, www.parentvoice.info

Youth & Families Matter

Variety of parenting courses for parents of children aged 0-16 years. 1-1 support for children in local primary and secondary schools. Family support.

Youth & Families Matter

c/o Testwood Baptist Church, 283a Salisbury Road, Totton, SO40 3LZ

023 8086 0320, info@youthandfamiliesmatter.org.uk

TIER 2 - Targeted Services

Behaviour Support Team

Working together to support children in school. The Behaviour Support Team works proactively to support children with behavioural, emotional and social difficulties in school. The Team works predominantly at primary school level and on transition from KS2 to KS3 and works with children, families and schools. Requests for support are taken from schools. Parents can request support through their child's school.

New Forest Behaviour Support Team
The Clifford Centre, Calmore Drive, Calmore, Southampton, SO40 22X
023 8066 1777

Winchester and Eastleigh Behaviour Support Team
Clarendon House, Monarch Way, Winchester, SO22 5PW
01962 876201

Educational Psychology Service

The service responds to requests for involvement/assistance in meeting the needs of children and young people with a wide range of learning and emotional needs. We work in partnership with schools, parents/carers, voluntary organisations, health service and Local Authority departments. Approaches involve consultation with relevant adults and may include direct work with the child or young person. The informed consent of parents/carers or the young person is required. Services are also provided to support the development of practice in schools, pre-schools and other organisations. Ages 0-19 years.

Eastleigh & New Forest and Winchester & Test Valley Teams
Children's Services Department Local Office, Clarendon House, Romsey Road, Winchester, SO22 5PW
01962 876239, 01962 870495 (fax)

Education Inclusion Service

Full time provision for permanently excluded pupils at Education Centres. Provision and support for emotionally unwell and physically sick children. Intervention programmes to prevent primary and secondary exclusion. Virtual Learning IT Team.

Education Inclusion Service
Children's Services Department Local Office, Clarendon House, Romsey Road, Winchester, SO22 5PW
01962 876263, 01962 876328 (fax)
Area Strategic Manager, David Harvey, david.harvey@hants.gov.uk

Education Welfare Service and Locality Teams

The Education Welfare Service is now incorporated within the locality teams across Hampshire and provides a service for children where there are concerns about attendance. Locality teams advise and assist agencies on the Common Assessment Framework (CAF) and Team Around the Child (TAC) processes.

New Forest Locality Team
New Forest Local Office, Winsor Road, Bartley, Southampton, SO40 2HR
023 8081 2113
Team Manager Debra Cusack, debra.cusack@hants.gov.uk

Winchester and Eastleigh Locality Team
Hampshire House, 4th Floor, 84-98 Southampton Road, Eastleigh, SO50 5PA
023 8049 8137
Team Manager Julie Alden, julie.alden@hants.gov.uk

Portage Plus Service

For families of pre-school children with significant behavioural difficulties. This support is for home and for early years settings that the child attends.

Eastleigh and Winchester Portage Service
The Aviary Children's Centre, Blackbird Road, Eastleigh, SO50 9JW
023 8065 1983

New Forest Portage Service
Ashurst Child & Family Centre, Ashurst Hospital, Lyndhurst Road, Ashurst, SO40 7AR
023 8029 3768

Youth Crime Prevention Team

The Youth Crime Prevention Team work with children and young people who are at risk of getting involved with crime and anti-social behaviour. Children are identified by a wide range of agencies and a multi-agency panel agrees the support required. It is voluntary and the children and parents must agree to the support. One-to-one support is available for parents as well as parenting programmes. Ages 10-16 years.

Youth Crime Prevention Team - Eastleigh
4th Floor, Hampshire House, Southampton Road, Eastleigh, SO50 5PA
023 8049 8162, 023 8062 9373 (fax)
Case Workers - Marcia Calvino, 07872 827492 and Vicki Lees, 07540 238228

Youth Crime Prevention Team - New Forest
New Forest Local Office, Winsor Road, Winsor, Southampton, SO40 2HR
023 8081 2113
Case Workers - Felix Page, 07793 759193 and Gemma Snow, 07545 735634

Youth Crime Prevention Team - Winchester
Winchester Local Office, Clarendon House, Monarch Way, Winchester, SO22 5PW
01962 876303
Case Worker - Claire Alldis, 07872 827291

Youth Support Services

Youth Support Services (YSS) is a collection of teams within the Children's Services Department that provide services for 13-19 year olds.

New Forest
Youth Office, Totton Youth Centre, Testwood Lane, Totton, SO49 3ZW
023 8086 6203, newforest@youth.hants.gov.uk

Eastleigh
Eastleigh District Office, Rookwood Centre, Penhurst Way, Boyatt Road, Eastleigh, SO50 4RJ
023 8061 3075, eastleigh.youth@hants.gov.uk

Winchester
Winchester District Office, Clarendon House, Romsey Road, Winchester, SO22 5PW
01962 876361, winchester.youth@hants.gov.uk

Counselling services

NSPCC

The NSPCC are running three new services under the themes of 'Neglect' and 'Physical Abuse in high risk families'.

Improved Parenting, Improved Partnership (IPIP)

- For children aged 4-10 where there are concerns of neglectful parenting
- Triple P Pathways: 10 week parenting programme 1:1 with parents in the home
- Video Interactive Guidance: short video of parent/child interactions (6-8 sessions) identifying strengths and positives to reverse neglectful behaviours

Family SMILES (Simplifying Mental Illness plus Life Enhancing Skills)

- For children aged 8-14 whose parent/carer has a mental illness
- 8 weeks of group sessions for child and 6 Individual sessions with parents alongside, development of a 'Family Safety Plan' at end of group.

Evidence Based Decisions

- Time limited assessments using North Carolina Assessment Scale (+2 to -3) identifying action plan and capacity to change.
- For children 0-18 who are subject to a child protection plan, or complex needs, regarding significant concerns of neglectful parenting to assist the Local Authority in decision making and to prevent delay/drift in the system.

NSPCC Southampton Service Centre
21 The Avenue, Southampton, SO17 1XL
023 8024 8180

Rape & Sexual Abuse Counselling - RASAC

Face-to-face counselling service and a telephone crisis service for victims of rape and sexual abuse. The service is provided on a short-term or long-term basis and covers Basingstoke and the surrounding areas. Face-to-face counselling for people 18 and over who live in the Winchester area.

<http://rasac.org.uk>

RASAC

Colebrook Centre, Colebrook Street, Winchester, SO23 9LH

01962 871716, helplines 01962 871717 / 01962 871718, rasac@waca.org.uk, <http://rasac.org.uk>

Relateen/Utalk Service

Counselling service for young people who are experiencing difficulties with family conflict or family change. Young people can self refer or referrals from GPs, health and youth professionals and schools. Ages 11-25 years.

www.relate.org.uk

Relateen/Utalk Service

Westbury, 13 City Road, Winchester, SO23 8SD

01962 861336, www.relate.org.uk

Winchester Youth Counselling

Free confidential counselling service for young people. Information and advice to parents and professionals. Ages 11-25 years.

www.winchesteryouthcounselling.org

Winchester Youth Counselling

Jubilee House, 1-3 Swan Lane, Winchester, SO23 7AA

01962 820444, 14-25counselling@btconnect.com, www.winchesteryouthcounselling.org

Drug and alcohol services

Hampshire DAAT Drug and Alcohol Action Team

Information and support for adults and young people in Hampshire who are experiencing problems with drugs or alcohol, or concerned about their own or somebody else's drug or alcohol use. Ages 18+.

www.hants.gov.uk/education/dat

New Forest

Oaktree House, Off Christchurch Road, Ringwood, RG24 1DN
01425 482252

Winchester

Spencer House, 63 Romsey Road, Winchester, SO22 5DE
01962 825071

Substance Misuse - Catch 22: 24/7 Hampshire

A free confidential service for anyone under 18 who is experiencing problems with drugs, alcohol or solvents. Services include one-to-one support, group work, advice and information, activities etc.

www.catch-22.org.uk/247

Catch 22 - Hampshire

0845 4599405, 0844 2640771 (fax), www.catch-22.org.uk/247

The PRISM Network

The PRISM Network aims to increase social inclusion and promote improved educational outcomes for vulnerable pupils who may be involved in substance misuse. The substances include: solvents, alcohol and illegal drugs. The PRISM Network provides specialist advice and consultation to school staff on the management of pupils with substance misuse related problems, within a school setting, and specialist support at Tier 2 level for young people engaged in substance misuse. Requests for support are taken from schools and other educational establishments. Ages 10-16 years.

The PRISM Network

Havant Local Education Office, Riverway, Havant, PO9 2EL
07590 305066, prismnetwork@hants.gov.uk

TIER 3 - Specialist Services

Hampshire Specialist CAMHS

For children and young people who are experiencing severe worries or problems, including disruptive behaviour, depression, anxiety, eating disorders or developmental problems. The service focuses on the most serious or complex situations, which can be managed on an 'out patient' basis.

Hampshire Specialist CAMHS - Eastleigh
Eastleigh Health Centre, Newtown Road, Eastleigh, SO50 9AG
023 8067 3984, weh-tr.family-guidance@nhs.net

Hampshire Specialist CAMHS - New Forest, Romsey, Ringwood and Fordingbridge
Ashurst Child and Family Centre (0-14)
Ashurst Hospital, Lyndhurst Road, Ashurst, Southampton, SO40 7AR
023 8074 3000, 023 8074 3033 (fax)

Brookvale Totton Youth Mental Health Services (14-18)
Totton Health Centre Community Building, Testwood Lane, Totton, Southampton, SO40 3ZN
023 8074 3250

Hampshire Specialist CAMHS - Winchester
Friarsgate Medical Centre, Friarsgate, Winchester, SO23 8EF
01962 828355, SPNT.Specialist-Winchester-CAMHS@nhs.net

Clinical Psychology

Assessment and advise on emotional, behavioural and learning difficulties and help the child or young person develop new ways of thinking and behaving. Ages 0-18 years.

Ashurst Child and Family Centre
Ashurst Hospital, Lyndhurst Road, Ashurst, Southampton, SO40 7AR
023 8074 3000, 023 8074 3033 (fax)

Educational Psychology Service

The service responds to requests for involvement/assistance in meeting the needs of children and young people with a wide range of learning and emotional needs. We work in partnership with schools, parents/carers, voluntary organisations, health service and Local Authority departments. Approaches involve consultation with relevant adults and may include direct work with the child or young person. The informed consent of parents/carers or the young person is required. Services are also provided to support the development of practice in schools, pre-schools and other organisations. Ages 0-19 years.

Eastleigh & New Forest and Winchester & Test Valley Teams
Children's Services Department Local Office, Clarendon House, Romsey Road, Winchester, SO22 5PW
01962 876239, 01962 870495 (fax)

Early Intervention in Psychosis Service (EIP)

The Early Intervention in Psychosis Service aims to engage people who are experiencing their first episode of psychosis. The service offers evidence based clinical interventions centred around education about psychosis, alongside pharmacological, psychological, social and family based interventions. The service also aims to increase the knowledge about early signs of psychosis for staff working in primary care, schools and all public and voluntary sectors who may come into contact with individuals who may be at risk of first episodes. Ages 14-35 years.

Early Intervention in Psychosis Service (EIP)
South West Team, First Floor, Unit 9, Westlink, Belbins Businss Park, Cupernham Lane, Romsey, SO51 7AA
01974 526220, 01794 526228 (fax), Ben Vuckovic, Team Leader, benjamin.vuckovic@hantspt-sw.nhs.uk

Paediatrics

For children and young people experiencing psychological difficulties as a result of an underlying medical condition. Also a clinic for pre-school and Year R children with social communication disorders such as Autism or Aspergers. Ages 0-18 years.

Ashurst Child and Family Centre
Ashurst Hospital, Lyndhurst Road, Ashurst, Southampton, SO40 7AR
023 8074 3000, 023 8074 3077 (fax)

Perinatal Service

Specialist advice and assistance to women with antenatal or postnatal mental health problems.

South West Hampshire Perinatal Mental Health Service
The Lodge Tatchbury Mount, Southampton
023 8087 4348, 023 8087 4360 (fax)

Substance Misuse - Catch 22: 24/7 Hampshire

A free confidential service for anyone under 18 who is experiencing problems with drugs, alcohol or solvents. Services include one-to-one support, group work, advice and information, activities etc.

www.catch-22.org.uk/247

Catch 22 - Hampshire
0845 4599405, 0844 2640771 (fax), www.catch-22.org.uk/247

Further information on services can be found in the Hampshire Family Information Directory, www.fid.hants.gov.uk