



Points to remember when ignoring misbehaviour:

Ignoring is great to use for behaviours such as temper tantrums, or whining after being told NO.

- ✓ Withdraw your attention but stay in the room- distract yourself with a magazine or something similar!
- ✓ Return your attention **as soon** as the misbehaviour stops.
- ✓ Choose specific behaviours to ignore and make sure that they are ones you can ignore!
- ✓ Be consistent- if you are not your child will become confused about which behaviours are unacceptable.
- ✓ Be prepared for testing - your child will not like being ignored!
- ✓ Don't get into an argument with your child.
- ✓ Give attention to your child's positive behaviours- you will get more of them.