



OPAL is a network of specially trained, trusted volunteers available by phone in your local area.

OPAL is run by Age Concern Hampshire

It is a joint partnership between Hampshire County Council Older People's Well-Being Team, Age Concern Hampshire and Good Neighbour Support Service Hampshire

www.hants.gov.uk/bettertime



OPAL : Older People's Area Link

OPAL can signpost you to local information, activities and services.

OPAL has access to comprehensive information about services, clubs, groups and much more.

Why not give us a call on
0800 328 7154
and ask for **OPAL!**

This information can be made available on request in other languages or in other formats: braille, large print, easy read, word and audio files. Please call 0845 328 7154

هذه المعلومات يمكن تزويدها باللغة العربية

এই তথ্য বাংলাতেও সরবরাহ করা যাবে।

我們可提供本訊息的繁體中文版本。

यो जानकारी नेपालीमा पनि दिन सकिन्छ।

Informacja ta może być dostarczona w języku polskim.

یہ معلومات اردو میں فراہم کی جاسکتی ہیں۔

Ces renseignements peuvent être fournis en français

Taarifa hii inaweza kutolewa katika Kiswahili

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Older People's
opal
Area Link

Helping you find local activities and services



Call freephone
0800 328 7154
in confidence
and ask for **OPAL**



Would you like to...

- Make new friends?
- Find out about local groups and activities?
- Try a new hobby?
- Know what help and services are available in your area?

...then an **OPAL** volunteer would be happy to help!



OPAL is a county-wide service that can provide you with details of local information and services by phone. If you need a little more help in working out what you want, there are **OPAL** volunteers in your area who can visit you at home.



How we can help

Mr R was finding it difficult to find the right person to help with his day-to-day tasks. **OPAL** provided details of support services in his local area.

Mrs G had recently lost her husband and felt lonely and isolated. **OPAL** introduced her to new friends and social events in her area.

Mr W was not used to asking for help but was pleasantly surprised by the warm response and useful information he received from the **OPAL** volunteer.

Mrs T so enjoyed her contact with the **OPAL** volunteer that she is now training to become a volunteer.